4 PLAYER VOLLEYBALL RULES – Summer 2012

ELIGIBILITY: You must be registered for summer classes to participate in intramurals OR purchase a Continuing Student Pass (CSP) for $81 that allows summer access to all Rec Services programs and facilities (including intramurals). Passes may be purchased at State Gym. All current Rec Pass holders are also eligible to participate.

PROCEDURES

1. Games will be played at the SE IM sand courts at University Blvd. & 4th Street.

2. Check in with the supervisor at the courts when arriving. Print legibly. Players must be current I.S.U. student, faculty, staff or a spouse thereof.

3. There will be no officials for these matches. The teams are expected to show good sportsmanship and make calls accordingly. The supervisor on your court will keep the time for the match.

4. START OF MATCH/TERMINATION
   A. The supervisor shall toss a coin and one captain shall call the toss. The winner shall choose either to serve or receive or the playing area for the 1st and 3rd games. The loser of the toss shall be given first choice in the 2nd game. Teams switch sides in the 3rd game after 8 points.
   B. Each match will be the best 2 of 3 games using rally scoring for all games. Games 1 & 2 will be played to 25 points. The third game will be to 15 points.
   C. Rally point scoring - score point on each serve no matter which team serves.
   D. In all games, continue play until the tie is broken and one team has a two-point advantage.

5. A team loses 2 points for each minute they are late. The match will be declared a forfeit if they are not ready to start by 5 minutes past the scheduled time.

6. A team may play with as few as 3 players. Co-Ed teams you must have both sexes playing at the same time and may play with as few as 3 players. No more than 2 of either sex may play at the same time.

   THERE IS NO RULE REGARDING BOTH SEXES (Co-Ed) HITTING THE BALL ON YOUR SIDE OF THE NET. MEN or WOMEN MAY MAKE ALL THREE HITS ON YOUR SIDE OF THE NET IN CO-ED if you desire.

7. SUBSTITUTIONS:
   A. They are allowed at any time when the ball is dead.
   B. Substitution may be made by “rotation” of all players or by substituting for the same person each time.
   C. A player may substitute as much as he/she wishes as long as the game is not delayed.

8. The winner of each match must report the result to the supervisor.

9. No time-outs. The clock does not stop.

10. Touching the net with any part of the body while the ball is in play is a foul. It is not a foul however, when the ball is driven into the net, causing it to touch an opposing player.

11. You may reach over the net to block a ball being returned on a serve. You may not block a set because it is not being returned.

12. When striking the ball, your hand may go over the net on the follow-through as long as the first contact with the ball was made on your side of the net. You may not touch the net until the ball has hit the ground.

Take a score card and pencil from the supervisor when you arrive---put first and last names of players on back of the card. PLEASE TELL US THE NAME OF YOUR TEAM (put team name at top and players names under the name of the team). When match is over, give the supervisor your card.
PLAYER CONDUCT

A. Ejection from a game results in immediate suspension of that player from all intramural sports until he/she meets with the coordinator of the sport.

B. The officials and supervisors have authority both during and after the game. Unsportsmanlike conduct during any of these times is unacceptable.

C. Taunting and belligerent talk---The captain is responsible for controlling his/her players and fans. Problem players may be given a penalty for unsportsmanlike conduct for this offense. A team may receive a penalty for their fans unsportsmanlike behavior. Under severe circumstances the player may be ejected from the game and must leave the building or rink area. Failure to control belligerent players/fans may also result in forfeiture of that contest. This includes verbal abuse from the bench.

D. Any players involved in pushing or shoving outside of normal game contact will be ejected from the game. This will call for immediate suspension from all intramural activity until they meet with the coordinator of the sport. (Minimum suspension of that game and one additional game.)

E. After every game, teams/individuals are ranked based on their sportsmanship with either an A, B, or C, with C being the worst. A team/individual that receives two (2) C ratings will be dropped from the competition and will not be allowed to compete further.

F. No alcohol or tobacco products are allowed.

ELIGIBILITY

A. Any person found to be ineligible (not a legal participant) may result in all teams on which they played during the tournament to be dropped from competition.

B. Any player participating under an assumed name or while ineligible will be suspended for a minimum of ten school weeks. Teams involved may be dropped from the sport.

C. **You must be registered for summer classes to participate in intramurals OR purchase a Continuing Student Pass (CSP) for $81 that allows summer access to all Rec Services programs and facilities (including intramurals). Passes may be purchased at State Gym.**

   All current Rec Pass holders are also eligible to participate.

D. All players must bring a current ISU Card to all games. Failure to show your ISU card will not allow you to play…. NO EXCEPTIONS!!

Injuries and Assumption of Risk

Warning: You may suffer physical and/or mental injury from participating in Intramural activities. Participation in the Intramural and Recreational Program is completely voluntary. Individuals participate at their own risk and assume responsibility for their own health and safety. Iowa State University and the Intramural Recreation Office are not liable for injuries sustained during participation in any Intramural and Recreation sponsored activity. It is strongly recommended that all participants consult a physician and/or have a physical exam prior to participation.

All injuries should be reported to the Intramural supervisor on duty, and a complete report of the injury should be recorded on the proper form. This report, when appropriate, should be completed at the activity site. It will be kept on file in the Intramural Office.

**REMEMBER….THE REFEREES ARE STUDENTS AND THEY WILL DO THEIR BEST TO UPHOLD THE RULES. WITHOUT THEM, THE INTRAMURAL PROGRAM WOULD NOT BE ABLE TO OFFER THIS SPORT!**