Co-Ed 6 – PLAYER VOLLEYBALL

WHO CAN PLAY: Spring 2016 ISU students who have paid their activity fees
2016 Spring or Annual 2015-16 Rec Pass Holders
All players must show a current and valid ISUCard at each game.

Individuals may play on ONE team.

ISU Volleyball Club: current and former club players may play Intramural Volleyball with some restrictions – see the skill levels below. Besides dues paying members, you are also considered a club member if you practice on a regular basis and/or travel with the club.

Intercollegiate Players: ISU intercollegiate volleyball players (Fall 2015) may not play intramural volleyball during the current academic year. Former collegiate volleyball players must play in the A/B skill division.

ENTRIES DUE: Wednesday, March 3rd REGISTER ONLINE at: www.recservices.iastate.edu

RULES & PROCEDURES & SCHEDULES:
Intramural Procedures/Rules/Preliminary League Schedules will be posted on the Rec Services website: www.recservices.iastate.edu. - Tuesday, March 8 by 3:00pm.
We play high school rules with some modifications.

FORMAT: All teams will play a 2 game preliminary league schedule. Following the league schedule, all teams will advance to a single elimination tournament. Tournament schedules will be posted on the website at the conclusion of the preliminary schedule.

DIVISIONS: Co-Ed - Teams play with 3 women and 3 men. You can start a game with a minimum of 4 players. You must play with an equal number of each gender or an equal number plus one. Men and women alternate positions on the court. If playing with 5 or 6 players, you must always have 3 front row players. If playing with 4 players, you must have 2 front row and 2 back row players.

Combinations that are okay: 3 men-3 women, 2m-3w, 3m-2w and 2m-2w.

CO-ED RULES: Whenever a ball is contacted more than once on a side, both sexes must contact the ball before it can be legally returned. A block is not considered a contact. It is legal to block (male) then a male return the first hit over the net.

SKILL LEVELS: A/B - high skill level, very competitive, if a team has a former collegiate player they must play in this division. No limit on number of ISU club members/former intercollegiate players.
B/C - intermediate skill level, competitive and athletic... this division may have 1 ISU club player.
C/D - low skill level, recreational... play for fun & seldom able to -- bump, set, spike.

No current or former ISU club players in this division.

WHERE/WHEN: State Gym West and Beyer Gym Courts 6:30 P.M. – 11:45pm. Sunday through Thursday.

FORFEITS: A team that forfeits will be charged a $20.00 fine. Rescheduling games is possible, if space permits. No fine will be charged if Rec Services is notified 24 hours in advance that you cannot play your game.

PLAY BEGINS: Monday, March 21